



# Pastrow Family

Churches sharing the love, grace and truth of Jesus Christ

## Morning Prayer – 20<sup>th</sup> June 2021

### *The Gathering*

As God's people we have gathered:  
**let us worship him together.**

Alleluia, Christ is Risen!  
**He is risen indeed, alleluia!**

The light and peace of Jesus Christ be with you  
**and also with you.**

### *Hymn (21) – All People that on Earth Do Dwell*

1 All people that on earth do dwell,  
sing to the Lord with cheerful voice;  
him serve with fear, his praise forth tell.  
Come ye before him and rejoice.

2 The Lord, ye know, is God indeed,  
without our aid he did us make;  
we are his folk; he doth us feed,  
and for his sheep he doth us take.

3 O enter then his gates with praise,  
approach with joy his courts unto;  
praise, laud and bless his name always,  
for it is seemly so to do.

4 For why? the Lord our God is good;  
his mercy is for ever sure;  
his truth at all times firmly stood,  
and shall from age to age endure.

5 To Father, Son and Holy Ghost,  
the God whom heaven and earth adore,  
from us and from the angel-host  
be praise and glory evermore.

- <sup>1</sup> I lift up my eyes to the mountains—  
where does my help come from?**
- <sup>2</sup> My help comes from the Lord,  
the Maker of heaven and earth.**
- <sup>3</sup> He will not let your foot slip—  
he who watches over you will not slumber;**
- <sup>4</sup> indeed, he who watches over Israel  
will neither slumber nor sleep.**
- <sup>5</sup> The Lord watches over you—  
the Lord is your shade at your right hand;**
- <sup>6</sup> the sun will not harm you by day,  
nor the moon by night.**
- <sup>7</sup> The Lord will keep you from all harm—  
he will watch over your life;**
- <sup>8</sup> the Lord will watch over your coming and going  
both now and forevermore.**

**Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and shall be for ever. Amen.**

***Introduction to Confession***

In baptism we died with Christ, so that as Christ was raised from the dead, we might walk in newness of life. Let us receive new life in him as we confess our sins in penitence and faith.

***Confession***

Come, let us return to the Lord and say:  
**Lord our God,  
in our sin we have avoided your call.  
Our love for you is like a morning cloud,  
like the dew that goes away early.  
Have mercy on us;  
deliver us from judgement;  
bind up our wounds and revive us;  
in Jesus Christ our Lord.  
Amen.**

## ***Absolution***

May the God of love and power forgive you and free you from your sins, heal and strengthen you by his Spirit, and raise you to new life in Christ our Lord.

**Amen.**

## ***The Gloria***

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

## ***The Word of God***

### ***First Reading – 2 Corinthians 6:1-13***

**6** As God's co-workers we urge you not to receive God's grace in vain. <sup>2</sup> For he says,  
"In the time of my favor I heard you,  
and in the day of salvation I helped you."<sup>[a]</sup>  
I tell you, now is the time of God's favor, now is the day of salvation.

### **Paul's Hardships**

<sup>3</sup> We put no stumbling block in anyone's path, so that our ministry will not be discredited. <sup>4</sup> Rather, as servants of God we commend ourselves in every way: in great endurance; in troubles, hardships and distresses; <sup>5</sup> in beatings, imprisonments and riots; in hard work, sleepless nights and hunger; <sup>6</sup> in purity, understanding, patience and kindness; in the Holy Spirit and in sincere love; <sup>7</sup> in truthful speech and in the power of God; with weapons of righteousness in the right hand and in the left; <sup>8</sup> through glory and dishonor, bad report and good report; genuine, yet regarded as impostors; <sup>9</sup> known, yet regarded as unknown; dying, and yet we live on; beaten, and yet not killed; <sup>10</sup> sorrowful, yet always rejoicing; poor, yet making many rich; having nothing, and yet possessing everything.

<sup>11</sup> We have spoken freely to you, Corinthians, and opened wide our hearts to you. <sup>12</sup> We are not withholding our affection from you, but you are withholding yours from us. <sup>13</sup> As a fair exchange—I speak as to my children—open wide your hearts also.

This is the word of the Lord.

**Thanks be to God.**

***Hymn (753) – Will your anchor hold in the storms of life?***

1 Will your anchor hold in the storms of life,  
when the clouds unfold their wings of strife?  
When the strong tides lift, and the cables strain,  
will your anchor drift, or firm remain?

*[Refrain]*

*We have an anchor that keeps the soul  
steadfast and sure while the billows roll;  
fastened to the rock which cannot move,  
grounded firm and deep in the Saviour's love!*

2 Will your anchor hold in the straits of fear,  
when the breakers roar and the reef is near?  
While the surges rave, and the wild winds blow,  
shall the angry waves then your bark o'erflow? *[Refrain]*

3 Will your anchor hold in the floods of death,  
when the waters cold chill your latest breath?  
On the rising tide you can never fail,  
while your anchor holds within the veil. *[Refrain]*

4 Will your eyes behold through the morning light,  
the city of gold and the harbour bright?  
Will you anchor safe by the heav'nly shore,  
when life's storms are past for evermore? *[Refrain]*

***Gospel Reading – Mark 4:35-41***

Alleluia, alleluia.

Jesus said 'All who see the Son and believe in him may have eternal life; and I will raise them up on the last day.'

**Alleluia.**

Hear the gospel of our Lord Jesus Christ according to Mark.

**Glory to you, O Lord.**

**Jesus Calms the Storm**

<sup>35</sup> That day when evening came, he said to his disciples, "Let us go over to the other side." <sup>36</sup> Leaving the crowd behind, they took him along, just as he was, in the

boat. There were also other boats with him. <sup>37</sup> A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. <sup>38</sup> Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?"

<sup>39</sup> He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm.

<sup>40</sup> He said to his disciples, "Why are you so afraid? Do you still have no faith?"

<sup>41</sup> They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"

This is the gospel of the Lord.

**Praise to you, O Christ.**

### ***Homily***

### ***Apostles' Creed***

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.**

**On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.**

**Amen.**

### ***Hymn (153) – Eternal Father, strong to save***

1 Eternal Father, strong to save,  
whose arm doth bind the restless wave,  
who bidd'st the mighty ocean deep  
its own appointed limits keep:  
O hear us when we cry to thee  
for those in peril on the sea.

2 O Saviour, whose almighty word  
the winds and waves submissive heard,  
who walkedst on the foaming deep,  
and calm, amid its rage, didst sleep:  
O hear us when we cry to thee  
for those in peril on the sea.

3 O sacred Spirit, who didst brood  
upon the waters dark and rude,  
who bid their angry tumult cease,  
and give, for wild confession, peace:  
O hear us when we cry to thee  
for those in peril on the sea.

4 O Trinity of love and pow'r,  
our brethren shield in danger's hour.  
From rock and tempest, fire and foe,  
protect them whereso'er they go,  
and ever let there rise to thee  
glad hymns of praise from land and sea.

### ***Time of Prayer***

*Intercessions are made which may include:*

Lord in your mercy,

**Hear our prayer.**

Merciful Father,

**accept these prayers**

**for the sake of your Son,**

**our Saviour, Jesus Christ.**

**Amen.**

### ***Collect***

Almighty God, you have broken the tyranny of sin  
and have sent the Spirit of your Son into our hearts whereby we call you Father:  
give us grace to dedicate our freedom to your service,  
that we and all creation may be brought to the glorious liberty of the children of God;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and forever.

**Amen.**

## ***The Lord's Prayer***

Gathering our prayers and praises into one, let us pray with confidence as our Saviour taught us.

**Our Father, who art in heaven,**

**Hallowed be thy name,**

**Thy kingdom come,**

**Thy will be done,**

**On earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses, as we forgive those who trespass against us.**

**Lead us not into temptation**

**But deliver us from evil.**

**For thine is the kingdom, the power and the glory, for ever and ever.**

**Amen.**

## ***Responsory Psalm (Psalm 46)***

The Lord is with us, he is our stronghold;

God will help at the break of day.

**The Lord is with us, he is our stronghold;**

**God will help at the break of day.**

God is our refuge and strength,

ready to help whenever we are in trouble:

**God will help at the break of day.**

We will not fear, even if the earth shakes,

and the mountains topple into the sea:

**God will help at the break of day.**

Come now and look at the works of the Lord,

the awesome things he has done on earth:

**God will help at the break of day.**

Be still and know that I am God;

I will be exalted among the nations;

I will be exalted in the earth:

**God will help at the break of day.**

Glory to the Father, and to the Son, and to the Holy Spirit.

**The Lord is with us, he is our stronghold:**

**God will help at the break of day.**

## ***Notices***

## ***Hymn (551) – O Worship the King***

1 O worship the King, all glorious above;  
O gratefully sing his pow'r and his love;  
our shield and defender, the Ancient of Days,  
pavilioned in splendour, and girded with praise.

2 O tell of his might, O sing of his grace,  
whose robe is the light, whose canopy space;  
his chariots of wrath the deep thunder-clouds form,  
and dark is his path on the wings of the storm.

3 The earth, with its store of wonders untold,  
almighty, thy pow'r hath founded of old:  
hath stablished it fast by a changeless decree,  
and round it hath cast, like a mantle, the sea.

4 Thy bountiful care what tongue can recite?  
It breathes in the air, it shines in the light;  
it streams from the hills, it descends to the plain,  
and sweetly distils in the dew and the rain.

5 Frail children of dust, and feeble as frail,  
in thee do we trust, nor find thee to fail;  
thy mercies how tender, how firm to the end!  
Our maker, defender, redeemer, and friend.

6 O measureless might, ineffable love,  
while angels delight to hymn thee above,  
thy humbler creation, though feeble their lays,  
with true adoration shall sing to thy praise.

## ***Blessing and Dismissal***

May Christ, who out of defeat brings new hope and a new future, fill you with his new life; and blessing of God almighty, the Father, the Son and the Holy Spirit be amongst you and remain with you always. **Amen.**

With the power that raised Jesus from the dead at work within you, go in the light and peace of Christ. Alleluia, alleluia.

**Thanks be to God. Alleluia, alleluia.**